



RELATIONSHIPS AND SEX EDUCATION POLICY

June 2026

REVIEW DATE:	June 2027	
SIGNED OFF BY:	Governors	
ROLE:	Headteacher	
LEAD PROFESSIONAL:	C Elliott	

Relationships and Sex Education Policy

Policy Statement

At Sandal Magna Community Academy, we are committed to providing a safe, nurturing and inclusive learning environment where all children can develop the knowledge, skills and values necessary to build healthy relationships, stay safe and thrive as responsible members of society.

Our Relationships and Sex Education (RSE) programme supports pupils' personal, social, emotional and physical development. It is delivered in an age-appropriate manner and reflects the school's values of respect, kindness, responsibility and community.

As a primary school, our curriculum places a strong emphasis on **Relationships Education**, safeguarding, emotional wellbeing, online safety and health education. Teaching equips children with the knowledge to recognise healthy relationships, understand personal boundaries, seek help when needed and respect themselves and others.

Aims

The aims of RSE at Sandal Magna Community Academy are to:

- Promote pupils' spiritual, moral, social and cultural development.
- Develop confidence, self-esteem and resilience.
- Teach the characteristics of healthy friendships and positive family relationships.
- Help children understand the importance of respect, kindness, honesty and responsibility.
- Teach pupils how to stay safe both offline and online.
- Support children in recognising and reporting situations that make them feel unsafe.
- Prepare pupils for the physical and emotional changes associated with growing up.
- Reduce stigma surrounding health and wellbeing topics.
- Foster understanding and respect for diversity within modern Britain.
- Ensure pupils know how and where to access support when needed.

Statutory Requirements

This policy has been developed in accordance with:

- The Children and Social Work Act 2017.
- The Department for Education's statutory guidance: *Relationships Education, Relationships and Sex Education (RSE) and Health Education*.
- The Equality Act 2010.
- Keeping Children Safe in Education (KCSIE).
- The Education Act 1996 and Education Act 2002.

Relationships Education and Health Education are statutory in all primary schools in England.

Definition of RSE

RSE is lifelong learning about:

- Relationships.
- Respect.
- Emotional wellbeing.

- Personal safety.
- Physical health.
- Growing and changing.

The focus in primary education is on the fundamental building blocks of positive relationships, including friendships, family relationships and respectful behaviour towards others.

Curriculum Content

RSE is taught through PSHE, Science, Computing, assemblies and wider curriculum opportunities.

EYFS

Children will learn about:

- Feelings and emotions.
- Making friends.
- Sharing and taking turns.
- Similarities and differences.
- Personal hygiene.
- Trusted adults.
- Keeping safe.

Key Stage 1

Children will learn about:

- Healthy friendships.
- Rules and responsibilities.
- Respecting others.
- Family life.
- Personal space and boundaries.
- Online safety.
- Identifying trusted people.

Lower Key Stage 2

Children will learn about:

- Positive relationships.
- Personal strengths.
- Managing feelings.
- Bullying and discrimination.
- Keeping safe online.
- Physical and emotional wellbeing.

Upper Key Stage 2

Children will learn about:

- Changes associated with puberty.
- Personal hygiene.
- Emotional changes during adolescence.
- Healthy and unhealthy relationships.
- Online relationships and digital safety.
- Keeping themselves safe from abuse and exploitation.
- Transition to secondary school.

Teaching will be delivered in a factual, age-appropriate and inclusive manner.

Sex Education

The statutory Science curriculum includes teaching about:

- Human growth and development.
- Life cycles.
- Reproduction in plants and animals.
- Human reproduction as required by the National Curriculum.

Additional sex education, beyond the statutory science curriculum, may be delivered in Upper Key Stage 2 as part of pupils' preparation for secondary education. Parents have no right to withdraw their child from National Curriculum Science.

Safeguarding

RSE contributes significantly to safeguarding by helping children:

- Understand personal boundaries.
- Recognise unsafe situations.
- Understand consent in age-appropriate ways through discussions about personal space and respect.
- Identify trusted adults.
- Report worries or concerns.
- Stay safe online.

If a safeguarding concern is disclosed during RSE lessons, staff will follow the school's safeguarding procedures and report concerns to the Designated Safeguarding Lead (DSL). Confidentiality cannot be guaranteed where a child may be at risk of harm.

Equality and Inclusion

At Sandal Magna Community Academy, we value every child as an individual.

RSE teaching will:

- Promote respect for all people.
- Reflect the diverse nature of modern society.
- Challenge stereotypes and prejudice.
- Be accessible to all learners, including pupils with SEND.
- Meet the requirements of the Equality Act 2010.

Teaching will be sensitive to the age, faith background, family circumstances and developmental needs of pupils.

Pupils with SEND

Teachers will adapt learning to ensure that pupils with Special Educational Needs and Disabilities can fully access RSE learning.

Approaches may include:

- Additional visual support.
- Small group teaching.
- Adapted resources.
- Repetition and reinforcement of key messages.
- Individual support where appropriate.

All pupils have the right to receive high-quality RSE that meets their needs.

Working with Parents and Carers

We recognise that parents and carers are children's first educators.

The school will:

- Share information about the curriculum.
- Consult parents when reviewing the policy.
- Provide opportunities for parents to discuss concerns.
- Inform families when sensitive content is being taught.

We encourage open communication between home and school to support children's learning and wellbeing.

Right to Withdraw

Parents have the right to request that their child be withdrawn from any non-statutory sex education taught as part of RSE.

Requests should be made in writing to the Headteacher.

Parents cannot withdraw children from:

- Relationships Education.
- Health Education.
- National Curriculum Science content.

Roles and Responsibilities

Governing Body

The Governing Body will:

- Approve the RSE Policy.
- Monitor implementation.
- Ensure statutory requirements are met.

Headteacher

The Headteacher will:

- Ensure compliance with legislation.
- Support staff development.
- Monitor teaching and learning.

Subject Leader

The PSHE/RSE Lead will:

- Coordinate the curriculum.
- Monitor standards.
- Provide advice and resources to staff.

Teachers

Teachers will:

- Deliver lessons professionally and sensitively.
- Follow safeguarding procedures.
- Promote respectful discussion.

Pupils

Pupils will be expected to:

- Respect others' views.
- Contribute appropriately.
- Follow agreed classroom rules.

Monitoring and Review

This policy will be reviewed annually or earlier if there are changes to legislation, statutory guidance or school circumstances.

Monitoring will include:

- Curriculum reviews.
- Pupil voice activities.
- Staff feedback.
- Governor oversight.
- Parent consultation where appropriate.